

Girl T<sub>EENS</sub>

H<sub>EAL</sub> R<sub>APE</sub> I<sub>NCEST</sub>

V<sub>ICTORIOUSLY</sub> E<sub>MERGE</sub>

Girlthrive and Invisible Girls help girls heal, move on with their lives, start their own families, and end the cycle of abuse

Join our mission to bring awareness and end incest and all sexual abuse and help girls thrive

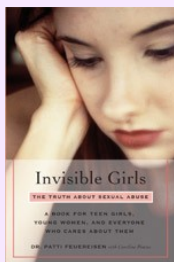
Girlthrive Inc.

The only organization specifically honoring teen girls and young women who have survived incest and all sex abuse through scholarships, opportunity and education



*Invisible Girls: The Truth About Sexual Abuse*  
by Dr. Patti Feuereisen

In its second edition, *Invisible Girls* is the groundbreaking book ending the silence, releasing the shame, guilt and fear and beginning the healing of the collective spirit of girls everywhere.



“speaks the truth about sexual abuse like no other book has dared.”

Lyn Mikel Brown

“If you are a teenage girl this book could save your life.”

Karrie Higgins

**Founder and Director:** Dr. Patti Feuereisen is driven to change the culture of sexual abuse. A psychologist in private practice in New York City, she has been helping girls find their voices and heal from sexual abuse for the past 25 years. “Dr



Patti” has developed training programs for clinical staffs, speaks on radio and the web, conducts workshops for girls and young women all over the country, consults with courts and schools while continuing her pro-bono work with Girlthrive Inc.

**Advisory Board:** Mary Fahey Krause, Connie Grappo, Selima Salaun, Anita Lam

**Clinical Advisory Board:** Mary Walker MA., Elizabeth Hasse Ph.D., Hon. Gayle Lerner



**Girlthrive Inc. is 100% volunteer based**  
**All donations go directly to the girls**  
**All donations are 100% tax deductible**

**www.girlthrive.com**  
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**718-624-3452**

[www.girlthrive.com](http://www.girlthrive.com)

# Girl TEENS

# HEAL RAPE INCEST

# VICTORIOUSLY EMERGE

1 out of 4 girls will be sexually abused before her 17th birthday



Incest and all sex abuse knows no color, class or nationality. These girls are our nieces, neighbors, girls on the soccer team, the debate club. Over 90% of sex abuse happens within families and with trusted friends or relatives. Incest survivors are often financially dependent on their abusers, and the incest continues. Without the support of her mother, or other relatives she often has no-one to go to for help. She has kept her secret and by the time a girl discloses her sexual abuse she already feels alone, isolated, confused and frightened. An incest survivor with no emotional support may be compelled to run away and she may be sexually exploited again through prostitution and/or exotic dancing. She may turn to drugs, become depressed and/or suicidal, she is at high risk for rape. A girl who is sexually abused by her father, stepfather, brother, uncle believes the abuse is somehow her fault. These wonderful girls have not been safe, physically or emotionally.

Girlthrive Inc. changes this by giving these amazing girls our support, respect, hope, understanding & love .

Girlthrive Inc. gives girls opportunities

### Empowers

Provides college tuition scholarships, laptop computers, funds kickboxing, music, art classes, retreats and health insurance

### Educates

Donates *Invisible Girls: The Truth About Sexual Abuse* to Rape Crisis Centers, Foster Care Agencies, Group Homes, Prisons, and individual girls all over the country

### Communicates

Maintains the website [www.girlthrive.com](http://www.girlthrive.com) and blog for sex abuse survivors, providing a forum of support, help and education. Facilitates communication among girls all over the world

### Advocates

Finds legal, counseling, and medical services for girls surviving sex abuse around the country



Girlthrive Inc. helps girls break away from their abusers – heal and thrive

“After being raped for 7 years by my stepfather I did not feel I had a way out. Girlthrive Inc. saved my life. I just graduated Nursing School.”  
21 year old Pennsylvania

“I finally realized the rape wasn’t my fault. The first time I told anyone was on the Girlthrive Blog. Girlthrive gave me back my life.”  
15 year old Minnesota

“After I reported my father for molesting me, my family turned against me. I didn't even have money for food. My Girlthrive Scholarship helped me stay in school.”  
19 year old New Mexico

“I use *Invisible Girls* as my Bible. I'm not just saying this. I honestly don't know where I would be if I hadn't discovered Girlthrive, *Invisible Girls* and Dr Patti.”  
18 year old Hawaii

### Girlthrive Inc. Photo Project: Invisible Girls Become Visible

All of these beautiful, vibrant girls in this Girlthrive Inc. brochure are sexual abuse survivors. They donate their photos to become visible because they are proud of themselves and what they have overcome.

